

# Spa Treatment Menu

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*Hand*PICKED  
— HEALTH CLUBS & SPAS —

## Face

### Touch Facials:

ELEMIS facial treatments use touch as a powerful diagnostic tool. The products are applied using a combination of ancient and modern massage techniques from around the world.

### Anti-Ageing Facials

ELEMIS Pro-Glow Smooth Facial	55 minutes	£89
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### Skin Specific/Prescriptive Facials

ELEMIS Pro-Glow Brilliance Facial	55 minutes	£89
ELEMIS Pro-Glow Resurface Facial	55 minutes	£89
ELEMIS Pro-Glow Renewal Facial	55 minutes	£89
ELEMIS Pro-Glow Express Facial	25 minutes	£58

### Massage

ELEMIS Freestyle Deep Tissue Massage	55 minutes	£89
Traditional Full Body Massage	55 minutes	£89
ELEMIS Freestyle Deep Tissue Massage	40 minutes	£74
ELEMIS Freestyle Deep Tissue Massage	25 minutes	£58
Traditional Back Neck & Shoulder Massage	25 minutes	£58

### Combination Treatments

Full Body Massage & Luxury Facial Combo	115 minutes	£163
Luxury Facial & Back Neck, Shoulder Massage	85 minutes	£137
Full Body Massage & Express Facial Combo	85 minutes	£137
Face & Body Combo Treatment	55 minutes	£89
Body Scrub & Massage Combo Treatment	55 minutes	£89
Massage & Shape and Polish Combo	55 minutes	£89
Fingers and Toes Combo Treatment	55 minutes	£62

### Heat Treatments

ELEMIS Deeper than Deep Hot Stone Massage	55 minutes	£99
ELEMIS Deeper than Deep Hot Stone Massage	40 minutes	£84

## Body: Scrubs & Wraps

ELEMIS Frangipani Body Nectar Nourishing Wrap	55 minutes	£89
ELEMIS Intensely Cleansing Lime & Ginger Salt Scrub	25 minutes	£58
ELEMIS Intensely Cleansing Frangipani Salt Scrub	25 minutes	£58

## Pregnancy

ELEMIS Peaceful Pregnancy Massage	55 minutes	£89
ELEMIS Pregnancy Facial	55 minutes	£89
ELEMIS Pregnancy Express Facial	25 minutes	£58

*Suitable for all mothers-to-be from 13 weeks of pregnancy*

## Speciality

Reflexology	55 minutes	£89
Indian Head Massage	25 minutes	£58

## Hands & Feet

Luxury Pedicure	70 minutes	£57
Classic Pedicure	55 minutes	£52
Luxury Manicure	55 minutes	£52
Classic Manicure	40 minutes	£47
Shape and Polish for Toes	25 minutes	£32
Shape and Polish for Fingers	25 minutes	£32

*Please bring open toe shoes to wear after your pedicure.*

## Gelation Nails

GEL Removal and Pedicure	70 minutes	£70
GEL Removal and Manicure	70 minutes	£65
GEL Pedicure	55 minutes	£60
GEL Manicure	40 minutes	£55
GEL Removal	30 minutes	£20

**Terms and conditions.** Please visit our website for further information on: Hand Picked spa booking terms and conditions. Opening and closing times. How to book and methods of payment. Cancellation policy. Health guidelines. Please note that treatments do not include use of the gym, heat experiences and pool facilities.

All prices include 20% VAT and may be subject to change.

[handpickedhotels.co.uk/spa-termsandconditions](http://handpickedhotels.co.uk/spa-termsandconditions)

Rhinefield House Hotel, Rhinefield Road, Brockenhurst, Hampshire SO42 7QB

T 01590 625620

E [rhinefieldhouse@handpicked.co.uk](mailto:rhinefieldhouse@handpicked.co.uk)

Central Reservations 01642 706634

[handpickedhotels.co.uk/rhrinefieldhouse](http://handpickedhotels.co.uk/rhrinefieldhouse)

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HOTELS